

love of the Redeemer because it is a mere custom? Suffice it to say, varied are the feelings among the human family upon this subject.

If you ask a certain class of the priests of Christendom what they think of the bread and wine administered for the Sacrament of the Lord's Supper, they will declare that the bread is the actual flesh, and the wine the real blood, of him who was slain for the sins of the world.

If you ask another class of men what benefit they derive from partaking of the Sacrament, from eating and drinking the emblems of the body and blood of Christ, they reply, "It is merely a token of our fellowship with each other." Is there any life, any power, any real and substantial benefit to be obtained by adhering to, and obeying faithfully, this ordinance? What do the Latter-day Saints think about it? Do they understand the true nature of this ordinance? Perhaps they do, and again perhaps they do not.

It is an easy matter for me to understand the information the Lord has imparted to me, and then communicate the same to you. Will the bread administered in this ordinance add life to you? Will the wine add life to you? Yes; if you are hungry and faint, it will sustain the natural strength of the body. But suppose you have just eaten and drunk till you are full, so as not to require another particle of food to sustain the natural body; you have eaten all your nature requires; do you then receive any benefit from the bread and wine as mere articles of food? As far as the emblems are concerned, you receive strength naturally, when the body requires it, precisely as you would by eating bread, and drinking wine, at any other time, or on any other occasion.

In what consists the benefit we derive from this ordinance? It is in obeying the commands of the Lord.

When we obey the commandments of our heavenly Father, if we have a correct understanding of the ordinances of the house of God, we receive all the promises attached to the obedience rendered to His commandments. Jesus said—Verily, verily I say unto you, except ye eat the flesh of the Son of God, and drink his blood, ye have no life in you. Again, "*He that eateth me,*" "shall live by me." Again, "Whose eateth my flesh, and drinketh, my blood, hath eternal life." "For my flesh is meat indeed, and my blood is drink indeed."

Can you understand these sayings of the Savior? These sayings are but isolated portions of the vast amount of instructions given by him to his followers in his day. Had a thousandth part of his teachings to them been handed down to us, and all his doings been faithfully recorded and transmitted to us, we should not have known what to do with such a vast amount of information. The Apostle says, "And there are also many other things which Jesus did, the which, if they should be written every one, I suppose that even the world itself could not contain the books that should be written."

Allow me to explain this text. The Apostle could not possibly mean what the language of the quotation implies—that the whole earth would have been covered with books to a certain depth; no, but he meant, by that saying, there would have been more written than the world of mankind would receive, or credit. The people then were as they are in this day—they are continually reaching after something that is not revealed, when there is more written already than they can comprehend. Instead of saying the world could not contain the books, we will say there would have been more written than the people would carry out in their lives.

I will now tell you what the Savior