when you lifted your hands to heaven, in token of your willingness to do a certain things that you ought to do it. A great many of you have had your endowments, and you know what a vote with uplifted hands means.

It is a sign which you make in token of your covenant with God and with one another, and it is for you to perform your vows. When you raise your hands to heaven and let them fall and then pass on with your covenants unfulfilled, you will be cursed.

I feel sometimes like lecturing men and women severely, who enter into covenants without realizing the nature of the covenants they make, and who use little or no effort to fulfil them.

Some Elders go to the nations and preach the Gospel of life and salvation, and return without thoroughly understanding the nature of a covenant. It is written in the Bible that every man should perform his own vows, even if to his own hurt; in this way you will show to all creation and to God that you are full of integrity.

This people have got to entirely wake out of their sleep, they have got to be a strictly righteous people, or they will have to meet worse things than a scanty morsel of bread.

Do they believe this? Some think— "Well, perhaps it will be so, and perhaps not. I have little flour now, and I really want the money, and if I can get twelve or thirteen dollars a hundred for it I can spare it."

This is the principle some persons operate upon, and it is sectarianism. It seems of the longfaced deacon style, who, when a poor man wants flour for his wife and children, in measured tone and with a long religious face, says, "No;" but who, after long importunity on the part of the hungry man, will at last, in a very soft, measured, pious, longfaced, sighing style, reply, "Well, brother, I have not any to spare, but I don't know but that if you will come and work for me a couple of days in harvest, I will spare you a bushel to accommodate you. I shall have to hire labor at harvest, can you come and help me?"

The answer is, "Yes," when at the same time he knows that he can have two bushels a day for work in harvest, but the longfaced deacon will make him agree to work two days for one bushel.

I have heard of a man in this City who was stopped from building a house. Why? Because he got first-rate mechanics to work for five pounds of flour a day, which is at the rate of thirty cents a day. His Bishop told him that he could not build a house in his Ward upon any such principle.

Do you suppose that such a man is fit to belong to any church? Yes, to Joe Bowers' church, and his was a hell-fired church.

You who have surplus flour hoarded up, give it to the poor, and say that you will trust in God.

The first year that I came into this valley I had not flour enough to last my family until harvest, and that I had brought with me, and persons were coming to my house every day for bread. I had the blues about one day; I went down to the old fort, and by the time I got back to my house I was completely cured. I said to my wife, "Do not let a person come here for food and go away empty handed, for if you do we shall suffer before harvest; but if you give to every individual that comes we shall have enough to last us through."

I have proven this many a time, and we have again proven it this year. I have plenty on hand, and shall have plenty, if I keep giving away. More than two hundred persons eat from my provisions every day, besides my own family and those who work for