two months' humility and obedience, for that would be like a child's going to school a week and being kept six weeks at home, where there is no one to instruct him. It is obvious that a person keeps retrograding, if he does not progress; you are called upon to increase and progress in knowledge and truth until they influence all your actions and doings, until your conduct is rightly influenced, not only in relation to your neighbors, but in relation to all that belongs to your neighbors. When you have learned righteous principles be careful that they never escape your minds, and that your conduct never severs you from them. This is the time and this is the day that your faith should lay hold of this great and good Spirit, and that you should strive for the rich blessings of heaven, concerning which I have read in your hearing this morning.

Latter-day Saints, are not these things worthy of living for? Suppose that you could have the privilege, by living only one week in strict obedience to all the laws of the kingdom, to have these blessings; I verily believe that there are not many Latter-day Saints, but who, if they knew that they could enjoy all the blessings of the ancients and have the visions of the heavens laid open to their minds, so that they could have before them the past, the present, and the future, so that they could understand the things of God, would live very faithful, and be of one heart and of one mind.

Would not everyone who heard such promises try to obtain the prize, to enjoy the blessings promised? The counsels and instructions of those whom God has appointed would be fresh before them every moment; when they arose in the morning it would be the first thing they would think of, and it would be the last thing at night. They would be able to do twice as much labor as when

their minds are not upon the things of God. Their minds would be so entirely swallowed up that they would feel like Alma and others, while among the priests of king Noah, when they had burdens upon their backs; their burdens were made light so that they were able to bear them cheerfully, and so it would be with the Latter-day Saints. Let them have that Spirit one week, and they would find their bodies stronger and more active, and they would almost forget whether they had been to their breakfast, dinner, or supper, their minds would be so completely swallowed up with heavenly things, and everything would prosper.

You are to claim blessings by your conduct, you are so instructed; some are apt to be so neglectful and remiss in their duties that they are not able to claim them. They forget what is in store for them, and do not pray for the Spirit to impress those blessings upon their minds, but suffer their minds to be drawn out too much upon temporal business instead of the things of God, and become weary in mind and body, so that they feel like neglecting the more prominent duties, such as family prayer and many others.

This is because they do not enjoy sufficient of the Spirit of the Lord, for it is able to strengthen everyone of you. Look at the promises made to the missionaries, "He that shall go forth to preach the Gospel without purse or scrip shall not be weary, nor darkened in spirit nor in body."

What is it that strengthens them so that they do not become weary in body and in mind? The Elders abroad are called upon to labor diligently, and many times to sit up almost all night to teach the pure principles of eternal life, and when they lie down they rest perfectly calm as though they were not weary, and arise invigorated with faith, intelligence, and power; their minds and