

valleys, except in the articles of fish, water, and, in some instances, timber; and when people are obliged to live in the north country, that will be high time for them to go there. That is about the amount of the geographical part of our journey that we shall now present, though I think that I am pretty correct in my observations, and could mark out the road, the mountains, the valleys, and streams, and could sketch a tolerably good map of the country.

I have accomplished what I designed to accomplish, and I believe the brethren will join with me, at least, on one point, viz., that we started from here to rest the mind and weary the body; and so far as the body is concerned, I believe all parties will agree with me in saying that we have done that most effectually. I see one man that went for his health—brother East. I expect that it will prove a benefit to him. Others also went for their health. It is a hard medicine to take, but the result will be beneficial.

I rested my mind. From the time I left this city until my return, I do not think that this valley, this Tabernacle, my own house, or any of my family scarcely ever came before me to reflect upon. We spent part of the first Sabbath at Box Elder, and on the next we were camping away up Snake River, where we held meeting in the forenoon.

A number of the brethren spoke, and I told them that I would say a few words, and relate some of my feelings, especially those pertaining to the journey and myself; but I could not have told, from my sensations, whether I had been from home a week, a month, or a year; and I could not fully realize whether I ever had a house or lived in it, or ever had any family, only those that were with me. This was a blessing to me. My mind was so taken from the cares that

surround me here, that it was perfectly relaxed into an easy state of rest; and I had no anxiety, not in the least, about one care that had formerly been upon me; or whether I ever saw this valley, this congregation, or say family again; or ever saw any other country than the one where I was at the time. All my home reflections, desires, and cares were as far from me as the east is from the west.

Whether this was the case with others I cannot tell, but I believe they are all joined in saying that their bodies were most thoroughly tired. I feel that I am renewed, though my body has been very tired since I returned. But I am becoming rested, and I now feel just about right. I feel that I have renewed my strength, renewed the vigor of my body and mind; and I believe that I am as ready to act in any capacity now as ever I have been in my life, and a little more so; for I hope, as I grow old, to grow wise. As I advance in years, I hope to advance in the true knowledge of God and godliness. I hope to increase in the power of the Almighty, and in influence to establish peace and righteousness upon the earth, and to bring all the sons and daughters of Adam and Eve, even all who will hearken to the principles of righteousness, to a true sense of the knowledge of God and godliness, of themselves, and the relation they sustain to heaven and heavenly beings. I hope to increase and advance, as I do in days and years, in the wisdom and the knowledge of God, and in the power of God; and I pray that this may be the case, not only with myself, but with all the Saints, that we may grow in grace and in the knowledge of the truth, and be made perfect before Him.

There never has been a day for ages and ages, not since the true church was destroyed after the days