and if they have been defiled, it has been by the influence of Satan, through the weakness of the flesh. There is a constant warfare, and in the great majority of cases the flesh overcomes the spirit. In the few cases where the spirit overcomes the flesh, it yields obedience to the whisperings of the eternal Spirit of truth, which elevates it above the power of all unholy desires and passions.

Is there anything on this earth you could not dispense with, for the sake of the Gospel? There should not be.

Our bodies are organized to derive enjoyment from their proper use. There is enjoyment in eating when you are hungry, and in resting when you are fatigued, to the extent the body rightly requires; but if appetite is so gratified that your body, when you wake, is tormented with a raging fever, where is the pleasure in eating so much of this or that delicious food? Satisfying the appetite brings to an end the pleasure of eating; and where food is partaken chiefly to gratify the pleasurable sensation derived from eating, disease is gendered, and true misery springs out of this unwise gratification. Some healthy, strong-constitutioned persons can eat large quantities of food with apparent impunity; but, in so doing, the tax they place upon their systems will ultimately bring disease and death. Those who have suffered excessive thirst while passing over plains and deserts realize that there is no blessing that is greater than cold water. When the system is thus parched for want of the proper supply of moisture to sustain the continual perspiration it is subject to, is there any luxury on the earth that can excel pure, cold water? Though, in case of excessive thirst and consequent exhaustion, care is required not to drink too freely, until the system is cooled, and becomes gradually imbued with this life-restoring element. But through the use of

water, by-and-by your thirst comes to an end, and you feel as though you had not been thirsty in your lives: the enjoyment has passed away.

Now, compare the greatest of earthly joys with the joys you receive in believing in Jesus Christ and obeying the Gospel he has delivered to the children of men. It is sweeter than the honeycomb; and to those who live according to it, it gives constant joy—a lasting feast, not merely for an hour or a day, but for a whole life and throughout eternity. The appetite is always keen, and there is always plenty for it to feast upon. This is my experience. The revelations of the Lord Jesus Christ are sweeter than honey or the honeycomb. We can eat, and continue to eat; drink, and continue to drink. Is there durable satisfaction? Yes. I am in the height of my enjoyment. All the pleasure and all the joy that can be bestowed upon a finite being is in the Gospel of salvation, through the Spirit of revelation, upon the creature-upon the Saint of God-old or young, male or female. Not that this comparison fully conveys the idea; for the language of mortals fails to fully portray the joys of the Gospel of life everlasting.

Cease not to do good, but let the Saints cease to do evil and live for God and God alone, and their fleshly appetites and passions will not be in their Learn to overcome and control wav. self. It is impossible for me to preach the sermon contained in this text; but let all live the life of a Saint, and they will understand it by-and-by. Let each person be determined, in the name of the Lord Jesus Christ, to overcome every besetment-to be the master of himself, that the spirit God has put in your tabernacles shall rule; then you can converse, live, labor, go here or there, do this or that, and converse and deal with your brethren as you ought. If you have