



## HOW THE SISTERS CAN HELP TO BUILD UP THE KINGDOM

REMARKS BY PRESIDENT BRIGHAM YOUNG, DELIVERED IN THE TABERNACLE,

GREAT SALT LAKE CITY, APRIL 6, 1867

Reported by David W. Evans

I think I will preach a short sermon to the sisters. "I want to do good; I want to do something to build up the Kingdom of God; I wish I was in a position to do something for this work. I would delight in doing something for the building up of this kingdom if I had it in my power." These expressions are in the mouth of every sister who has embraced the gospel in her heart. I want to preach them a short sermon. Brother Heber has, in part, touched some of the items, to which I will now more particularly call your attention. I will ask if there is a sister in this Church who is too poor, when we come to dollars and cents, to get tea to drink if she wants to? No, not one. Is there a sister who does not have her cup of coffee to drink? No, not one. Then we are not so poor as to suffer materially after all. Now, I will ask the question: Sisters, if each of you were to save the price of these cups of tea and coffee for one month, what do you suppose the sum in each case would amount to? We will say a shilling, a dime, a quarter dollar, a half dollar, a dollar, or two dollars, as the case may be. Now, say the sisters: "We will cease drinking this tea and coffee, and we will give the money to some of the Elders who are called to preach the gospel, either in the Territory or abroad in the nations of the earth, or who are called on an Indian expedition; or we will give this means to

help to bring the poor from the old country." Would you be doing anything for the Kingdom or would you not? Is there an individual sister in this Church out of the reach of doing good? Not one. "Why," exclaims a sister, "I am sick, weary, diseased; I cannot work—I cannot do anything." Is doing good beyond her reach? No; that sister who is sick and unable to cook her own food, wash her own clothing, or to knit or mend her stockings, can give good counsel to her brothers and sisters, sons and daughters, to the members of the family in which she lives, to her neighbors, and to all with whom she may associate. Says she: "I am sick and feeble, but I do not drink any tea. My husband or my bishop would find it for me, if I would drink it; but I tell them to take that sixpence, dime, or dollar, and put it by to help to bring the poor." She can teach her children to let such things alone. "You must not have any tea or coffee this morning, children; if you feel as though you need it, take a little water porridge." There is more strength and nutriment in a bowl of water gruel than there is in tea; and there is no unhealthy influence in the water gruel, but there is in tea and coffee.

There is not a person in the world that cannot do good; even the mother who is too feeble to work; she can teach her daughters to work