and God designs that we shall engage in this great work of restoration. Then let us not trifle with our mission, by indulging in the use of injurious substances. These lay the foundation of disease and death in the systems of men, and the same are committed to their children, and another generation of feeble human beings is introduced into the world. Such children have insufficient bone, sinew, muscle, and constitution, and are of little use to themselves, or to their fellow creatures; they are not prepared for life, but for the grave; not to live five, six, eight, and nine hundred years, but to appear for a moment, as it were, and pass away. Now, when a person is fifty years of age he or she is considered an old man or an old woman; they begin to feel decrepit, and think they must feel old, appear old, and begin to die. Premature death is in the marrow of their bones, the seeds of early dissolution are sown in their bodies, they feel old at fifty, sixty, and seventy years, when they should feel like boys of fifteen, sixteen, and seventeen. Instead of feeling decrepit at those years they should feel full of strength, vigor, and life, having attained to early maturity, prepared now to enter upon the duties of a long future life, and when two hundred years have been attained, they should then feel more vigorous than the healthiest of men do in this age at forty and fifty years.

Let me assure you, my friends, that there does not exist another people in all the world who will take good counsel as readily as the Latter-day Saints do. All men are free to do right or to do wrong, to take good advice or reject it, to pursue the path that leads to eternal life, or to go down to death their own way. I am as independent in praying, and living a righteous life, as I would be if I

were to violate the laws of God and man. This is my philosophy with regard to the human mind. We have cried to the nation of the United States, and to other nations for over a third of a century, saying, the wages of sin is death. Every man and woman who wishes to forfeit their right to the tree of life have the privilege of doing so. The nation that kills the prophets of God in any age must expect to reap cursings instead of blessings, unless it speedily repent. Judgment must begin at the house of God first, and we are perfectly willing it should. In 1857, they sent an army to Utah to annihilate "Mormonism," but the scourge with which they intended to overwhelm this people has come upon their own heads, and the end is not yet. I told General Thomas L. Kane, that friend to humanity, when he visited us in 1857, that the coming of that army was the entering wedge to split the Government of the United States in pieces, and that soon. He, of course, could not see how this could ever be. They then were in great prosperity, and were going to annex the whole continent and neighboring islands, and so continue to annex until the whole world should take shelter under our national banner. He only saw this from a political standpoint, basing his expectations of such grand results upon the goodness of the Constitution and laws. I acknowledged to him that we have the best system of government in existence, but queried if the people of this nation were righteous enough to sustain its institutions. I say they are not, but will trample them under their feet. I told General Kane that the Government of the United States would be shivered to pieces. Will this Government ever be restored to its former peace and tranquility, and the institutions thereof ever be main-