around them if they had the power to do it. Instead of hunting gold, let every man go to work at raising wheat, oats, barley, corn, and vegetables; and fruit in abundance, that there may be plenty in the land. Raise sheep, and produce the finest quality of wool in large quantities. By the migratory system of feeding sheep in this country they will be healthy, and produce large clips of wool. I hope, by the blessings of the Lord, to demonstrate this the present season. In these pursuits are the true sources of wealth, and we have as much capital in these mountains to begin with as any people in the world, according to the number of our community. Real capital consists in knowledge and physical strength. If we know how to apply our labor, it will produce for us everything we can ask for; it will bring to us the food and the clothing we want, and every facility we need for comfort, for refinement, for excellence, for beauty, and for adornment. It will bring to us the wealth of the world, the gold and the silver, although gold and silver are not real wealth. They are useful as a medium of exchange, as foundation upon which to base a currency, and to use as ornaments and household vessels; and so gold should be regarded until there is enough of it to pave our streets. O, ye Elders of Israel who are greedy for gold, instead of wasting your time in search of it, gather around you the comforts of life, with which the elements are loaded, and make yourselves rich in all the elegancies and conveniences by means of economy and industry. I wish the sisters to lead out in the fashions. It is very little difference what fashion you produce. I would just as soon see you wear hats with wide brims as not, if you have that fashion that will give comfort and

convenience and produce health and longevity. We wish to promote the longevity of the people. Tell your husbands to get you a heifer calf or two and some chickens, and you will feed them, and take care of them, instead of feeding pigs, and if your husbands have springs on their land, get them to clean them out and dam them up a little, and introduce the spawn of the best fish we have in these mountains, and collect all the information that has been printed, and which comes within your reach on the subject of raising fish. And raise your potatoes and parsnips and carrots for feeding them with, adding a little corn meal, or a little oat meal. We can raise fish here, and the cost will be one fourth less per pound than other meats. You may think that fowls are injurious to the garden; but they are not. They will pick up grubs and cutworms and other destructive insects, and the good they do in this respect will far overbalance any trifling injury they may do to young plants. They will keep your gardens clean of these pests, and fatten, giving you plenty of eggs to eat. Take care of them, and get a little patch of lucerne planted to give to your young heifer, and rear her until she gives you her increase. This is for you young women who want to get husbands. Tell the young men that you will sustain yourselves, and teach them how to sustain themselves if they do not know how, if they will only come and marry you. Now, girls, court up the boys, it is leap year. Give them to understand in some way that it is all right. You are ready, and you want to help them to make a good home, to form a nucleus around which to gather the blessings and comforts of life, a place to rally to. While you are on the move and unsettled you can get nothing that