

in attending meetings. Those professing to be Latter-day Saints have the words of life and do not know it; the brethren read from the Book of Life and they do not know it, and the words of God are given them in great abundance and they trifle with them. Is this the fact? It is. If the people would live their religion, there would be no apostasy and we would hear no complaining or fault-finding. If the people were hungry for the words of eternal life, and their whole souls even centered on the building up of the kingdom of God, every heart and hand would be ready and willing and the work would move forward mightily and we would advance as we should do.

It is frequently remarked that there is too much of a sameness in this community. True, we do not have the variety they do in the world, drinking, carousing, quarreling, litigation, etc. But if you want a change of this kind, you can get up a dog fight. I think that would be about the extent of the quarreling you want to see. It would be as much as I would desire to witness. I have seen enough of the world, without even desiring to behold another drunken man. I never wish to see another lawsuit. I feel perfectly satisfied without it.

If the people would like something by way of a change, I will propose something to them, as I did to sister Horne, the President of the Female Relief Society in the 14th Ward, who was at Gunnison, about one hundred and thirty miles south of this place, when we were there. I invited her, when she returned, to call the sisters of the Relief Society together, and ask them to begin a reform in eating and housekeeping. I told her I wished to get up a society whose members would agree to have a light, nice breakfast in the morning,

for themselves and children, without cooking something less than forty different kinds of food, making slaves of themselves and requiring three or four hired girls to wash dishes. Prepare your breakfast something like they do in England, bread and butter, a little cheese, a few eggs, food that is light and nutritious, and which does not require so much labor in cooking; and instead of tea, if you cannot drink cold water, make a bowl of water gruel or meal porridge and you will save dirtying three or four dishes, knives and forks, or spoons, to each individual that sits at the table.

This would be something to change your feelings and the fashions of society. Will you do it? If you want something new, try this; and when dinner time comes, don't pile the table full of roast meat, boiled meat and baked meat, fat mutton, beef and pork; and in addition to this two or three kinds of pies and cakes; neither urge the children, the father and everyone at the table to eat and gorge themselves till they are so full that when night comes they will want a doctor. This will do for a change.

When we go on a trip to the settlements and stop at the brethren's houses, it is, "Brother Brigham, let us manifest our feelings towards you and your company. I tell them to do so, but give me a piece of johnnycake; I would rather have it than their pies and tarts and sweetmeats. Let me have something that will sustain nature and leave my stomach and whole system clear to receive the Spirit of the Lord and be free from headache and pains of every kind. If I can experience this, it will suit me. What do you say to it, sisters? Do you want a revolution? They want one in France; but you need not go to France to have a revolution