not break them, fixing furniture and so forth as we do here.

If you want a revolution go to work to improve yourselves and give your minds something to act upon instead of looking at the faults of others. We are a poor, feeble set and have hardly eyes to see; and many of those who have eyes see not, but are constantly watching the weaknesses and follies of each other. Endeavor with all your mind and strength to improve yourselves and ask your sisters and brethren to improve their lives. I am preaching to you practical religion. Learn to take proper care of your children. If any of them are sick, the cry now, instead of "Go and fetch the Elders to lay hands on my child!" is, "Run for a doctor." Why do you not live so as to rebuke disease? It is your privilege to do so without sending for the Elders. You should go to work to study and see what you can do for the recovery of your children. If a child is taken sick with fever give it something to stay that fever or relieve the stomach and bowels, so that mortification may not set in. Treat the child with prudence and care, with faith and patience, and be careful in not overcharging it with medicine. If you take too much medicine into the system, it is worse than too much food. But you will always find that an ounce of preventive is worth a pound of cure. Study and learn something for yourselves. It is the privilege of a mother to have faith and to administer to her child; this she can do herself, as well as sending for the Elders to have the benefit of their faith.

We have come here to build up Zion. How shall we do it? I could tell you how if I had time. I have told you a great many times. There is one thing I will say in regard to it. We have got to be united in our

efforts. We should go to work with a united faith like the heart of one man; and whatever we do should be performed in the name of the Lord, and we will then be blessed and prospered in all we do. We have a work on hand whose magnitude can hardly be told. We have now to go to and save ourselves according to the plan provided for our salvation, the Savior having done for us all that he can, except to impart unto us grace to aid us in our lives, and to save our families, friends, ancestors, and the nations that have lived before us and those that may come after us, that all may be brought unto God and be saved, except the sons of perdition. This is the labor we have before us.

Brother Joseph was speaking about prayer. I will say a word with regard to prayer. It matters not whether you or I feel like praying, when the time comes to pray, pray. If we do not feel like it, we should pray till we do. And if there is a heavy storm coming on and our hay is likely to be wet, let it come. You will find that those who wait till the Spirit bids them pray will never pray much on this earth; for they always find a little something else to do, and become like some who wait for the Spirit to bid them pray, consequently they never pray. Such people would come to meeting and look at each other and then, when they had stayed as long as they felt inclined, address their brethren with— "Goodbye, I am going home," and then leave. But when the time comes to have prayers, let them be made, and there will be no danger.

Let us be humble, fervent, submissive, yielding ourselves to the will of the Lord, and there is no danger but that we shall have His Spirit to guide us. If we will open our lips and call upon our Heavenly Father, in the name of Jesus, we will have

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