He has pointed out in a few instances the path for us to walk in, by observing the Word of Wisdom, and He has declared that it is fitted to the capacity of the Saints, yea the weakest of all who are or can be called Saints. And this Word of Wisdom prohibits the use of hot drinks and tobacco. I have heard it argued that tea and coffee are not mentioned therein; that is very true; but what were the people in the habit of taking as hot drinks when that revelation was given? Tea and coffee. We were not in the habit of drinking water very hot, but tea and coffee—the beverages in common use. And the Lord said hot drinks are not good for the body nor the belly, liquor is not good for the body nor the belly, but for the washing of the body, &c. Tobacco is not good, save for sick cattle, and for bruises and sores, its cleansing properties being then very useful.

Now then, will we observe the Word of Wisdom? Will we let our tea, coffee, whiskey and tobacco alone? Shall I answer for my brethren and sisters? Yes, I will answer. A large proportion of the Elders of Israel will let these things alone, they do let them alone; but there is a certain percentage of them that you might as well talk to the wind as to talk to them about these things. As for my sisters, I can answer the question for them. They may not have their tea on the table when the husband sits down to breakfast or supper, and their teacups, saucers and teapot may be out of sight, but I will insure that many of them take a little tea for the stomach's sake in the course of the day, whether the father or husband knows anything about it or not; and if the question is asked why I think so, I answer from the statistics of the sales of tea and coffee in our stores; they prove this. We were very urgent, a year or two ago, with regard to the Word of Wisdom, and the influence then raised made an impression on the people which caused them to forsake the use of these unnecessary articles for the time being. It was our wish then, and is still, that the money generally paid out for tea and coffee, liquor, tobacco, &c., be used to send for the poor Saints and bring them to a land where they can accumulate the common necessaries of life, instead of staying in their own land, and going down to an untimely grave for the want of food. I recollect one sister said to me, one day, "Brother Brigham, here is twenty dollars"—I think that was the sum—"I give this into the poor fund. At such a time you advised us to let our tea and coffee alone, and contribute the same amount that we would expend for these articles in bringing the poor from the old country. It would have taken me twenty dollars to supply me with these articles to this time. I have saved the money; my health now is more than fifty percent better than when I left off tea. I can now work ten, or perhaps twelve, hours a day easier than I could two or three when I took these stimulants." Some others have sent in a few dollars thus accumulated for the relief of the poor; but I think most of our sisters have taken to their old practice of drinking tea again. Perhaps I do not judge rightly, but my conclusions are formed from information in my possession, as to the amount of this article sold.

As far as I can learn the cup of tea stands on the stoves in the houses of my near neighbors, associates, and those with whom I am best acquainted. I go along occasionally and take up a tin cup, and say, "What is this?" "It is a little tea; we have just made a little tea this morning;" or, "we