am in the right company. If I can only manage to keep right myself, if I can only manage to be true and faithful to my God and myself, while I am in the midst of this assembly—the representatives of a host of Latter-day Saints—their hearts beating in unison with my words, and my words with their hearts, I feel that I am not following the few who break off, but that I am with the majority, and we are bound for the celestial kingdom.

God defend His people and their rights, is my prayer in the name of Jesus. Amen.

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**OUR TRADITIONS—RECEIVING COUNSEL.**

**Discourse by Elder George Q. Cannon, delivered in the Tabernacle, Ogden City, Nov. 13, 1870.**

**Reported by David W. Evans.**

The instructions which we have heard from our brethren, this morning and afternoon, are calculated to benefit every one of us, if we have listened attentively and are disposed to treasure them up in our hearts; but that is the great difficulty with us as individuals and as a people. We hear so much good instruction that it is apt to pall upon us, like persons who have plenty of food; they sometimes eat to satiety and lose their appetite, their food does not relish as it did when they were pinched with hunger and did not have such abundance. I do not know that you ever have that feeling here in Ogden; it is a feeling that no Latter-day Saints should have. In fact, there is this peculiarity about the truth, as it is preached by the servants of God—the more it is listened to the more it is sought after and cultivated, and the more precious and sweet is its influence upon the hearts of those who take this course. But where there is indifference and formality, and people don't seek, as Brother Heber used to say, to dig down to the roots, it may in such cases become wearisome and fail to have the effect it should have. But when I look at the progress that the brethren and sisters are making I feel gratified. There are times, perhaps, when I feel as others do—that we are not making the progress that we should do; that we are more careless and harder in our hearts and less under the influences of the Holy Spirit and the counsels of the servants of God than we should be. This is my feeling sometimes; but when I look calmly at the Saints, and consider the many difficulties with which they have to contend and the vast amount of tradition that has to be uprooted and overcome, I am gratified at the progress which they make, and feel comforted in the prospects that are before us, and before the Zion of God with which we are connected.

It is these traditions that we have to contend with that are so difficult for us to overcome, that interfere so seriously with the progress of the people in the things of God. They