the Book of Mormon, which I will read. Nephi, 8th chapter, 9th verse, page 471.

And now it came to pass that when Jesus had spoken these words, he turned his eyes again upon the disciples whom he had chosen, and said unto them: Behold verily, verily I say unto you, I give unto you another commandment, and then I must go unto my Father, that I may fulfill other commandments which he hath given me. And now behold, this is the commandment which I give unto you, that ye shall not suffer anyone knowingly to partake of my flesh and blood unworthily, when ye shall minister it; For whoso eateth and drinketh my flesh and blood unworthily eateth and drinketh damnation to his soul; therefore if ye know that a man is unworthy to eat and drink of my flesh and blood, ye shall forbid him.”

These are some of the injunctions and commandments that are given in relation to the partaking of the Lord’s Supper. Now let us be careful what we do, that we may not incur the penalty affixed to the transgression of this law, remembering that the ordinances which God has given are sacred and binding, that his laws are in force, especially upon all that have covenanted with him in baptism, and upon all unto whom they come, whether they embrace them or not, as Jesus said, “This is the condemnation of the world that light has come into the world, but ye love darkness rather than light.” Therefore all men will be held accountable for the use they make of the light which they possess. For this reason we are commanded to preach the Gospel unto every creature, that those who obey and are baptized may be saved, and those who reject it may be condemned.

I bear my testimony to these things. I know that Joseph Smith was and is a Prophet of the living God, and President Young is also a Prophet of God, and that by inspiration and revelation, and not of man. God bless you and help us to be faithful, is my prayer in the name of Jesus. Amen.