self to them as to persons who are believ-

ers therein.

In the Book of Mormon we find Alma
discoursing upon the resurrection of the
dead, and also Amulek, and they both
testify that the bodies we lay down in the
grave will come forth again, that every
part will be restored to its perfect frame;
both those Prophets declare that every
limb and joint will be restored, though
the body crumble back to mother earth,
and the bones—the most solid portions
of the human system, will be dissolved and
return again to the dust. They declare
that the materials will be brought to-
gether and reconstructed, that bone will
come to its bone, and that the flesh that
now clothes these bones, and the sinews
and skin which cover the flesh will also
be restored. Ezekiel the Prophet, in the
37th chapter of his prophecy, says that
bones and flesh, sinews and skin will all
come forth and be made out of the dust
into a perfect tabernacle, and everything
will be restored to its perfect frame; and
so particularly do the Prophets Amulek
and Alma discourse upon this subject,
that they declare that not even one hair
of the head shall be lost.

Some, perhaps, might suppose that,
as the human tabernacle is composed
of certain familiar elements, such as
hydrogen, oxygen, carbon and the var-
ious elemental principles that exist
around us when the body is dissolved
and those various elements are scattered
and driven to the four winds, as in the
case of the burning of a body, and those
elements enter into the composition of
vegetables, and the vegetables are eaten
by animals, serving to increase their
flesh, and again, these animals are eaten
by human beings, that these continual
transfers of matter from one state and
condition to another would preclude the
idea of the resurrection of the same body
again. But there are several things to be
considered in relation to this matter. We
have a revelation in the Book of Doctrine
and Covenants, called “The Olive Leaf,”
which says—"Ye which have been quick-
ened by a portion of the celestial glory,
shall in that day receive even a fullness,
even ye shall receive your bodies, which
are the same bodies that you now have.”
This seems to be so plain that we are
obliged to admit that we shall receive the
same bodies.

Now the fact that the particles which
compose our bodies undergo so many
transmutations after we leave this mor-
tal existence, entering into the flesh of
animals, then helping to build up the
bodies of human beings would almost
seem, especially to the minds of infidels
in opposition to the idea of a resurrec-
tion; and I do not believe that every par-
ticle that is ever incorporated in the sys-
tems of human creatures will be resur-
rected with them, I have no such idea.
But a sufficient amount of the particles
which have once been incorporated in
the system will be used by the Almighty
in the resurrection to make perfect and
complete tabernacles for celestial spirits
to dwell in. The idea that every particle
that ever entered into the composition of
our mortal bodies will be resurrected is
inconsistent; for who does not know that
a man often changes in weight? For in-
stance, when he is an infant he weighs
but a few pounds; he continues to in-
crease in flesh through the food that he
partakes of, and not only in flesh but also
in the size of his bones until he attains
perhaps a hundred and ninety pounds
in addition to the ten or twelve pounds