

cheese—and here let me not forget to give you the credit of filling up the country with young men and women, which is a noticeable feature of the growth and wealth of the people. You have a big country here; so much, in fact, that you hardly know what to do with it. You try to enrich it all, and you skim it over, but you may depend that you have facilities here for a much heavier population than you have got; and upon the whole it is a healthy region. There may be some diseases peculiar to this cold region, and some feel, and that truly, that a warmer climate might tend to lengthen out their days, as well as add to their bodily comfort. I believe there is no objection on the part of anybody that such persons should try a warmer climate as may feel inclined to do it. There is no disposition to chain or fasten anybody to this country who may feel that they crave, and their health and comfort require a warmer climate. If there be such, I can assure them I have traveled through many other regions where there are facilities for making nice, comfortable, happy homes, and where the climate is milder; in fact, a person may suit himself with almost any climate he may choose between here and the Mexican line—in Southern Utah, Arizona and New Mexico. But as I remarked in the beginning, we ought to study contentment, and not indulge in a restless spirit, for change for its own sake, without having a good and sufficient reason, or without having some duty assigned to us where we may labor with better advantage to accomplish greater good in the building up of Zion, or in extending our borders and establishing and maintaining righteousness in the earth; and wherever our lot is cast, whether it be in Cache Valley,

or Bear Lake Valley, whether in a warm or a cold climate, or whether in a hot climate, we should as much as possible try to content ourselves and adapt ourselves to the surrounding circumstances, always doing the most good we can.

Respecting the relative conveniences of St. George, for instance, and the surroundings of that country, as compared with this northern country, I have this to say, and I speak sincerely as I view it, and verily believe it, that in our efforts to subdue the country, and having to contend with difficulties and hardships, in order to plant our settlements there, making our roads and getting building material, and controlling the waters and the quicksands, and in having to meet and overcome obstacles which are peculiar to that country, we have worn out a great many good people, a great many good men have succumbed under the hardships we have had to endure; and I was counting up the number of families in the little city of St. George, whose husband and father had passed away under these circumstances, and I found that there were no less than between thirty and forty widows there, besides quite a number who have left and returned North, having buried their husbands down there. This is not the result of any contagion, or violent sickness, or any special disease, for we have had none; we have no prevailing disease, and it is not naturally an unhealthy country by any means. There is here and there a locality where they, having neglected common sanitary rules, have perhaps suffered from chills and fever, or ague. Diseases of this kind, which are incident to hot climates, have been experienced where they