

the Latter-day Saints to cherish in their hearts the spirit of Zion; to live pure lives, that Zion may indeed be Zion to them. We are told that God is love, and that they that dwell in God dwell in love. Love is one of his attributes; another is justice, another is truth; another is integrity, another is knowledge. And we are likewise told that "the glory of God is intelligence." We should seek to know more about ourselves and our bodies, about what is most conducive to health and how to preserve health and how to avoid disease; and to know what to eat and what to drink, and what to abstain from taking into our systems. We should become acquainted with the physiology of the human system, and live in accordance with the laws that govern our bodies, that our days may be long in the land which the Lord our God has given us. And in order to fully comprehend ourselves we must study from the best books, and also by faith. And then let education be fostered and encouraged in our midst. Train your children to be intelligent and industrious. First teach them the value of healthful bodies, and how to preserve them in soundness and vigor; teach them to entertain the highest regard for virtue and chastity, and likewise encourage them to develop the intellectual faculties with which they are endowed. They should also be taught regarding the earth on which they live, its properties, and the laws that govern it; and they ought to be instructed concerning God, who made the earth, and His designs and purposes in its creation, and the placing of man upon it. They should know how to cultivate the soil in the best possible manner; they should know how to raise the best kind of fruits adapted to the

soil and climate; they should be induced to raise the best kinds of stock, and to care for them properly when they come into their possession. And whatever labor they pursue they should be taught to do so intelligently; and every incentive, at the command of parents to induce children to labor intelligently and understandingly, should be held out to them. Again, the subject of architecture should receive attention from you; and your children should be encouraged to improve in the building of houses, and not be satisfied to merely copy after what their fathers did in the days of their poverty. The building rock at your command is of the very best, and it is easily procured; what remains for you to do is to put the material together in such a shape as shall reflect your best judgment and intelligence consistent with due regard to health and convenience. The building of the Temple here will no doubt have a tendency to awaken the desire on your part to improve in this direction. I have noticed that the building of our Temples affords a great many young men the opportunity of learning trades which perhaps, otherwise would not be the case; and by the time such a building is erected they become competent tradesmen, prepared to work in the various branches of mechanism that they learn on these buildings. Improvement in all things relating to our spiritual and temporal welfare should be our aim in life, and we should encourage in our children this desire to improve, and not feel all the time, "come day, go day, God send Sunday." It is highly necessary that we should learn to read and write and speak our own language correctly; and where people are deficient themselves in education they should strive all the